

# SYSTEMIC TEAM COACHING CERTIFICATE (PRACTITIONER)

TORONTO, CANADA

27 MAY – 29 MAY 2026

Location: Odgers Berndtson  
200 Bay Street #3300,  
South Tower, Toronto  
ON M5J 2J3



Catherine Carr  
Faculty



Julie Stockton  
Faculty

VIRTUAL  
INTRODUCTORY  
WEBINAR:  
May 12th  
09:00 – 11:00 PT



Price is excluding Supervision add-on and local taxes. T&C Apply.

EARLY BIRD:

**CAD \$3,463\***

[first 8 applicants]

FULL PRICE:

**CAD \$5,416\***

APPLY NOW 

## Program Description

Systemic Team Coaching® drives powerful change at individual, team and organisational levels. This 3-day experiential program explores how to coach teams to consider both their internal dynamics and external stakeholders, working with the connections and influences within and outside the team. Examining both internal and external aspects, the program provides a valuable way of supporting teams to improve their productivity and performance and therefore realising their full potential.

Following your attendance on the Systemic Team Coaching® Certificate program, Group Supervision and Action Learning sessions are offered at an additional cost. On completion of Systemic Team Coaching® Certificate and Supervision you will be awarded the Systemic Team Coaching® Certificate (Practitioner) which is a requirement for the Systemic Team Coaching® Diploma (Senior Practitioner)

*"A really solid, well-designed program which went through self-discovery and more teaching around the principles and application of the Hawkins' Five Disciplines.*

*The pace was good throughout and there was plenty of opportunity to practice and reflect."*

*"I would strongly recommend this high-quality, intensive program. The focus on the 'systemic' part of systemic team coaching was the real revelation and across three days we covered a lot of ground."*

*"The Systemic Team Coaching Certificate is a comprehensive program which comes to life in this experiential course, run by very experienced practitioners... this is almost "on the job training" with many exercises in systemic team coaching. The instructors are experienced practitioners, providing a lot of examples and advice and they "coach the coach" participants during exercises."*

*"This course is eye opening. It offers a comprehensive deep dive into what team coaching is all about by providing a systemic perspective and "real play" to practice and embody the concepts."*

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Systemic  
Team Coaching®



Renewal  
International

BOOK CLUB

April 6 20th, May 4th: 11-1230 pm PT (online)

VIRTUAL INTRODUCTORY WEBINAR:

12 MAY at 09:00 - 11:00 PT / 12-2 ET (online)

IN-PERSON TRAINING:

27 MAY - 29 MAY 2026 at 9.00 - 17.00 ET in Toronto

BUILDING YOUR PRACTICE & SUPERVISION GROUPS

JUN 2026 - NOV 2026 see page 4 for details

## What You Will Learn

**The core concepts of Systemic Team Coaching®** – this certificate level program introduces you to the key skills involved in the Systemic Team Coaching process. You will gain an understanding of the Hawkins' Five Disciplines model and its application to team coaching.

**How to structure team coaching projects using Systemic Team Coaching®** – the hands-on practise will enable you to work with live experiments so that you explore the nature of team and group functioning and how to apply some of these in practice.

**The importance of 'Self as Instrument' in the Systemic Team Coaching® role** – physical senses, intuition, body as data collector and sense-maker.

**How to use and apply the Team Connect 360 diagnostic tool in client work** – you will be licensed to use the tool and gain experience of interpreting a TC360 report.

## Target Audience

This program is suitable to those who have experience in facilitation, coaching and developing teams or who have worked in organisational development.

People on previous courses have included:

- Managers or team/group leaders
- Human resource, training and talent development professionals
- Organisational consultants
- Chief executive officers, business owners and employers
- In-house and independent executive coaching professionals

## Accreditation

Completing the 3-day program grants the Systemic Team Coaching® certification. Upon successful completion of the optional Group Supervision sessions, you will be awarded the Systemic Team Coaching® Certificate (Practitioner).

## Benefits

Develop a team coaching practice using a systemic approach to manage and motivate teams in a period of change and uncertainty. Gain practical knowledge and skills that can be applied to real-world situations. Increase your professional development with the Academy of Executive Coaching Certificate and ICF CPD credits.

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## Program Structure

### BOOK CLUB

**6 Apr, 20 Apr, May 4**

11:30 - 12:30 PT

(virtual)

Meet your group ahead to explore key concepts through book selections that will prepare you for the training. There will time in each book club to answer program questions.

### INTRODUCTORY WEBINAR

**12 May**

09:00 - 11:00 PT

(virtual)

Participants will be able to reflect on the current knowledge and strengths and shape their learning goals for the program

### IN-PERSON TRAINING

**27, 28, 29 May 2026**

09:00 - 17:30 PT

(In-person - 3 days)

The three-day face-to-face programme then offers a rich, immersive experience where you will engage in live practice, real-world application, deep reflection, and collective experimentation – working as a team of teams to explore and embody systemic transformation in action.

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## Price information

The **early-bird discounted price** is valid for the first 8 applicants only. The program fee includes training, materials, plus lunch and refreshments during the 3 day in-person training.

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# SYSTEMIC TEAM COACHING

## SUPERVISION ADD ON

Price  
**CAD \$1,400**

**With Dr Catherine Carr**

June 22 | Sep 1 | Oct 12 | Nov 9 2026  
15:00–17:00 ET

**With Julie Stockton**

June 17 | July 22 | Sep 16 | Oct 21 2026  
14:00–16:00 ET

### Building Your Practice and Supervision Groups

After completing the 3-day Systemic Team Coaching® Certificate, you have the opportunity to progress to Systemic Team Coaching® Certificate (Practitioner) status by undertaking Group Supervision and Action Learning.

This practitioner pathway is available at an additional cost to the core program. A special bundled rate is available for 4 x 2-hour virtual group supervision sessions when booked at the same time as the main program.

Virtual group supervision is delivered online in groups of up to eight participants, with sessions held approximately every 4–6 weeks.

### Certificate Awarded (Practitioner)

Upon successful completion of all Group Supervision sessions, you will be awarded the Systemic Team Coaching® Certificate (Practitioner). This practitioner qualification supports your readiness for the Diploma program and helps you gain maximum value from your learning and applied practice experience.

### Important Information

- All four supervision sessions must be completed to meet Practitioner status requirements.
- Participants must attend the same group throughout (sessions cannot be changed or transferred)

If these requirements are not met, participants will receive an attendance certificate for the 3-day Systemic Team Coaching® Certificate program only.

### Price Information for Virtual Group Supervision and Action Learning

Building Your Practice & Supervision Groups are additional to the program fee. The cost for supervision is CAD\$ 1,400. Group Supervision is required for those seeking full Practitioner Certification. Please sign up for both or let us know if you prefer to only do the training component.

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## FACULTY



### Dr Catherine Carr

Master Corporate Executive Coach and Systemic Team Coach

Catherine is a Master Corporate Executive Coach and Systemic Team Coach with a psychotherapy and supervision background. She is a Professional Certified Coach (PCC) with the International Coach Federation (ICF) and has studied and worked with Peter for over 12 years (he was her doctorate supervisor and mentor and is still her supervisor and colleague).

She is the North American Lead for Resilience@Work, a Master Trainer for Conflict Dynamics, a certified Marshall Goldsmith Coach, a Leadership Circle Coach and is core faculty and the Head of Practicum with the Global Team Coaching Institute.

Catherine has been coaching leaders and leadership teams for over 20 years. She has extensive experience in the public and not for profit sector. Notably, Catherine helped launch a 26,000-employee public sector team coaching program. She is currently designing and supervising in house Systemic Team Coaching® programs and training. Catherine enjoys working with leaders, teams and organizations that seek wellbeing, greater purpose and performance. Catherine has co-authored numerous publications including two based on her doctorate research on team coaching – 50 Tips for Terrific Teams! and High-Performance Team Coaching. She recently co-wrote a 2019 review of new team coaching research in the Handbook of Team Coaching.

Catherine lives in beautiful Victoria, British Columbia. She is grateful to do work that supports people to be well, live well and to meaningfully contribute to our world. Over the past five years Catherine has coached for Ted Talks and offered pro-bono work for environmental and health care leaders and teams.

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### Julie Stockton

Executive Coach and Systemic Team Coach

Having been introduced to Peter's work in the STC Certificate program in 2018, followed by the Master Practitioner Systemic Team Coaching Diploma in 2021, Dr. Julie Stockton is committed to co-creating a transformational space with our client partners to achieve results that are sustainable and impactful, compelling us into a hopeful future. She is passionate about learning and is inspired by her coaching clients as they learn, grow and expand their ability to achieve desired goals. Her coaching is grounded in a profound belief in the potential that we all hold within, an intention to be courageous in the stories we share, and a deep understanding of the systemic ways in which change unfolds.

Julie draws from a creative background in the world of theatre and dance along with extensive experience in leadership development, Appreciative Inquiry, and adult education in her work as a leadership and systemic team coach. She has consulted to multiple organizations across North America, (including the BC Government, the Canadian Department of National Defence, Brigham Young University, and the Harvard and Smithsonian Centre for Astrophysics) in building capacity for learning and systemic leadership. She spent several years in higher education and health care before joining the University of British Columbia (UBC) as the Director of Human Resources, where she was instrumental in the creation of internationally recognized, award winning programs in coaching and leadership development.

With ICF and EMCC credentials for coaching, team coaching and supervision, Julie is an instructor and certified mentor coach in the UBC Certificate in Organizational Coaching program, as well as a member of the Coaching.com systemic team coaching faculty since its inception in 2020. She is a Consulting Partner with the global Corporation for Positive Change, and a founding Partner of the Canadian Centre for Positive Change. Julie and her cat Hermia are grateful to live, work and play in beautiful Vancouver, on the shores of the traditional, ancestral and unceded territories of the Musqueam, Squamish, and Tsleil-waututh nations of the Coast Salish peoples.

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