



SYSTEMIC TEAM OF TEAMS COACHING TRAINING

TORONTO, CANADA

29 APRIL – 1 MAY 2026

Location: Odgers
200 Bay Street #3300,
South Tower, Toronto
ON M5J 2J3

EARLY BIRD:
CAD \$3,499*
[first 8 applicants]

FULL PRICE:
CAD \$3,999*

VIRTUAL
INTRODUCTORY
WEBINAR:
April 16th
12:00 – 13:00 EST



Catherine Carr
Faculty Lead



Michelle Chambers
Faculty Co-Lead

Price is excluding Virtual Group Supervision & Action Learning, Excl. VAT, T&C Apply.

* payment is in GBP so the CAD amount will be based on the day's exchange rate

Program Description

Team of Teams®: Transformational Partner Programme

This 3-day immersive experience is for experienced coaches, facilitators, and change leaders who want to deepen their systemic practice and work effectively across teams, functions, and organisational boundaries. The programme isn't about applying tools from the outside – it's about stepping into the lived experience of being part of a team of teams: sensing the dynamics between groups, navigating complexity, and learning how to coach the connection, not just the content.

Drawing inspiration from the pioneering work of the **McChrystal Group's Team of Teams®** framework – which redefined how large organisations build adaptability and trust across networks – this programme explores how those principles can be developed through coaching practice. It is also informed by Dr Catherine Carr and Professor Peter Hawkins' latest book, *Team of Teams Coaching: Using a Teaming Approach to Increase Business Impact*, and grounded in research from over 70 organisations worldwide.

Across the 3.5 days, you'll explore five core disciplines that support more regenerative, joined-up ways of working. You'll experiment with how to develop shared purpose across silos, engage diverse stakeholders, cultivate distributed leadership, and build culture from the space between. Each day is structured as a living lab: through live systemic constellations, stakeholder mapping, design experiments, and reflective practice, you'll apply your learning to real-world client systems – and to the field of your own learning group.

By the end, you'll leave with fresh insights, practical frameworks, and a more embodied way of working – ready to support teams of teams in creating value, alignment, and momentum across complex systems.

APPLY NOW ➞

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Systemic
Team Coaching®



Renewal
International

BOOK CLUB:

3 Mar, 24 Mar, 21 Apr at 11:30 – 13.00 EST

VIRTUAL INTRODUCTORY WEBINAR:

16 APRIL at 12:00 – 13:00 EST

IN-PERSON TRAINING:

29 APRIL – 1 MAY 2026 at 9.00 – 16.30 EST in Toronto

BUILDING YOUR PRACTICE AND SUPERVISION GROUPS:

MAY 2026 – NOV 2026

see page 4 for details

What You Will Learn

By participating in this programme, you will:

- Learn how to coach and facilitate across teams and boundaries—not just within them
- Deepen your perception and ability to work across systems
- Practice with live dynamics in a simulation based on a real organization.
- Explore the five core disciplines of systemic team of teams practice
- Map and influence stakeholder partner systems using vertical, horizontal and cross functional lens.
- Apply practical tools for building shared purpose, distributed leadership, and generative learning across silos
- Practise coaching the ‘space between’—surfacing tensions, relationships and possibilities in complex systems
- Reflect on your own patterns, edges and presence as a transformational partner

Who Is This For?

This programme is designed for experienced practitioners who are currently actively working with one or multiple teams and are ready to work systemically across organisations, including:

- Those with prior team coaching training
- Varied backgrounds welcome - coaching, consulting, training, OD, change and HR.

It is especially relevant for those supporting multiple teams, senior leadership groups, cross-functional initiatives, alliances or multi-stakeholder ecosystems.

Benefits

By the end of the programme, you will:

- Gain new tools, language and systemic practices.
- Clarify your own developmental edge as a coach, leader and facilitator.
- Expand your impact from individual or team work to complex teams and whole system transformation.
- Build confidence in working with emergence and navigating tensions and uncertainty.
- Join a peer community of advanced practitioners committed to regenerative change.
- Leave with a practical, real-world design for a team of teams intervention.
- Experience the energy, challenge and support of being part of a team of teams system.

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Program Structure

BOOK CLUB

Mar 3, Mar 24, April 21 2026

11:30 - 13:00 EST

(Half day - virtual)

Meet your group ahead to explore key concepts through book selections that will prepare you for the training. There will time in each book club to answer program questions.

INTRODUCTORY WEBINAR

16 Apr 2026

12:00 - 13:00 EST

(Half day - virtual)

Participants will be able to reflect on the current knowledge and strengths and shape their learning goals for the program

IN-PERSON TRAINING

29 Apr - 1 May 2026

09:00 - 16:30 EST

(In-person - 3 days)



The three-day face-to-face programme then offers a rich, immersive experience where you will engage in live practice, real-world application, deep reflection, and collective experimentation – working as a team of teams to explore and embody systemic transformation in action.

Price information

Early Bird: CAD\$ 3,499. Full Price: CAD\$ 3,999.

The Systemic Team of Teams Training **early-bird discounted price** is valid for the first 8 applicants only.

The program fee includes training, materials, plus lunch and refreshments during the 3 day in-person training.

APPLY NOW 



GROUP SUPERVISION ADD-ON

Price
CAD \$1,495

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SUPERVISION GROUPS

Team of Teams Supervision is designed to help you develop your capacity to think and act systemically while addressing real-world team and team of teams coaching challenges in a collaborative, reflective space.

This is an option for those wanting support in a group supervision format to support the embedding of your learning and to receive guidance and support as you develop your systemic team of teams coaching practice with a qualified Systemic Team Coaching© supervisor alongside peers.

Approach & Process:

- ✓ Present live coaching cases and inquiry topics and themes for supervision.
- ✓ Use systemic methods to explore complexity and generate actionable insights.
- ✓ Engage in deep listening, visual mapping, and reflective inquiry.
- ✓ Identify leverage points for systemic transformation within and across teams.
- ✓ Methodologies: Seven-Eyed Supervision, Ecosystem Mapping, and real-time case explorations.
- ✓ Collectively explore ways to build your Team of Teams Coaching business

Format:

- ◆ Group Size: 6–8 participants.
- ◆ Facilitator: Senior Systemic Team Coaching© Supervisor.
- ◆ Sessions: Monthly for 6 months (2-hour sessions, 12 hours total).

Schedule

Dr. Catherine Carr

May 4, Jun 1, Jun 29, Oct 5, Nov 2, Nov 30
(all 10:00–12:00 PT)

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FACULTY



Dr Catherine Carr

Master Corporate Executive Coach and Systemic Team Coach

Catherine is a Master Corporate Executive Coach and Systemic Team Coach with a psychotherapy and supervision background. She is a Professional Certified Coach (PCC) with the International Coach Federation (ICF) and has studied and worked with Peter for over 12 years (he was her doctorate supervisor and mentor and is still her supervisor and colleague).

She is the North American Lead for Resilience@Work, a Master Trainer for Conflict Dynamics, a certified Marshall Goldsmith Coach, a Leadership Circle Coach and is Senior faculty with Renewal International.

Catherine has coached across sectors, in not for profit and public sector corporate services, environment, finance, health, Indigenous delegated authorities, insurance, policing, resources, social services, and government areas and organizations.

Catherine has been coaching leaders and leadership teams for over 20 years. She has extensive experience in the public and not for profit sector. Notably, Catherine helped launch a 26,000-employee public sector team coaching program. She is currently designing and supervising in house Systemic Team Coaching® programs and training. Catherine enjoys working with leaders, teams and organizations that seek wellbeing, greater purpose and performance. Catherine has co-authored numerous publications including two based on her doctorate research on team coaching – 50 Tips for Terrific Teams! and High-Performance Team Coaching. She recently co-wrote a 2019 review of new team coaching research in the Handbook of Team Coaching.

Catherine lives in beautiful Victoria, British Columbia. She is grateful to do work that supports people to be well, live well and to meaningfully contribute to our world. Over the past five years Catherine has coached for Ted Talks and offered pro-bono work for environmental and health care leaders and teams.

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Michelle Chambers

Executive Coach and Systemic Team Coach

As a recognized thought leader in executive and team coaching, leadership and organization development, Michelle has brought over 30 years of proven and successful experience in driving transformational changes in organizations. Michelle was formerly responsible for Leadership Development, enterprise wide for Telus Mobility in Canada. She has worked across many industries and is the recipient of an ICF Prism Coaching Award and was a finalist for a global Change Leadership award. She is also the Program Director for the Centre of Excellence in OD and Change and the Masters Certificate in OD & Change at Schulich Exec Ed, York University.

Her passion is working with systems, complex change and teams. She trained with Team Coaching International in 2010 with Phil Sandahl on team coaching (systemic) and has been senior faculty since 2013 training team coaches globally. In September 2018, she pursued the Systemic Team Coaching Certificate, where she met with Dr. Catherine Carr and Prof. Peter Hawkins as it aligned with her systemic thinking as an OD practitioner and she appreciated Peter's writing and publications in "Leadership Team Coaching". Michelle was invited to be part of the Senior Practitioner in Systemic Team Coaching® Program as faculty in 2023 and has also served as lead faculty for the Systemic Team Coaching® program 2024-25. In 2022, she trained as a Systemic Team Coaching Supervisor.

Michelle speaks regularly on team coaching, culture and transformation at conferences such as Coaching.com; ICF, ACMP, I4PL, HRPA, ODN and others. Michelle has published writings on systemic team coaching in "The Team Coaching Casebook" and many articles publications such as Choice Coaching Magazine and more. She has been on several team coaching podcasts including the "Team Coaching Zone" with Kirster Lowe. She loves the complexity and the positive collective impact that can be achieved when systemic team coaches co-create with their clients a more positive culture in which they can achieve organizational goals for their partners or stakeholders, both in the present and in the future.

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