

SYSTEMIC TEAM OF TEAMS COACHING TRAINING

TORONTO, CANADA

11- 13 FEBRUARY 2026

Location: Odgers Berndtson
200 Bay Street #3300,
South Tower, Toronto
ON M5J 2J3

EARLY BIRD:

GBP £2,150
CAD \$4,020*

[first 15 applicants]

FULL PRICE:

GBP £3,399
CAD \$6,356*

VIRTUAL
INTRODUCTORY
WEBINAR:
2nd February
09:00 – 11.00 PST



Price is excluding Virtual Group Supervision &
Action Learning, Excl. VAT, T&C Apply.



Catherine Carr
Faculty Lead



Michelle Chambers
Faculty Co-Lead

* payment is in GBP so the CAD amount will be based on the day's exchange rate

Program Description

Team of Teams®: Transformational Partner Programme

This 3.5-day immersive experience is for experienced coaches, facilitators, and change leaders who want to deepen their systemic practice and work effectively across teams, functions, and organisational boundaries. The programme isn't about applying tools from the outside – it's about stepping into the lived experience of being part of a team of teams: sensing the dynamics between groups, navigating complexity, and learning how to coach the connection, not just the content.

Drawing inspiration from the pioneering work of the **McChrystal Group's Team of Teams®** framework – which redefined how large organisations build adaptability and trust across networks – this programme explores how those principles can be developed through coaching practice. It is also informed by Dr Catherine Carr and Professor Peter Hawkins' latest book, *Team of Teams Coaching: Using a Teaming Approach to Increase Business Impact*, and grounded in research from over 70 organisations worldwide.

Across the 3.5 days, you'll explore five core disciplines that support more regenerative, joined-up ways of working. You'll experiment with how to develop shared purpose across silos, engage diverse stakeholders, cultivate distributed leadership, and build culture from the space between. Each day is structured as a living lab: through live systemic constellations, stakeholder mapping, design experiments, and reflective practice, you'll apply your learning to real-world client systems – and to the field of your own learning group.

By the end, you'll leave with fresh insights, practical frameworks, and a more embodied way of working – ready to support teams of teams in creating value, alignment, and momentum across complex systems.

APPLY NOW



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IN-PERSON TRAINING:
11-13 Feb at 9.00 – 17.30 PST in Toronto

VIRTUAL GROUP SUPERVISION AND ACTION LEARNING
SESSIONS:
Mar 2026 – Oct 2026
see page 4 for details

What You Will Learn

By participating in this programme, you will:

- Learn how to coach and facilitate across teams and boundaries—not just within them
- Deepen your systemic perception and ability to sense what's emerging in a wider field
- Work with live dynamics and case-based challenges from real organisations
- Explore the five core disciplines of systemic team of teams practice
- Map and influence stakeholder partner systems using vertical, horizontal and transversal lenses
- Apply practical tools for building shared purpose, distributed leadership, and generative learning across silos
- Develop your capacity to intervene not from expertise, but from awareness of the whole
- Practise coaching the 'space between'—surfacing tensions, relationships and possibilities in complex systems
- Reflect on your own patterns, edges and presence as a transformational partner

Target Audience

This programme is designed for experienced practitioners who are currently actively working with one or multiple teams and are ready to work systemically across organisations, including:

- Systemic and team coaches
- Organisational consultants and facilitators
- Internal change agents, OD and HR professionals
- Leaders and programme directors guiding large-scale change
- Graduates of systemic or team coaching programmes who want to extend their impact

It is especially relevant for those supporting multiple teams, senior leadership groups, cross-functional initiatives, alliances or multi-stakeholder ecosystems.

Benefits

By the end of the programme, you will:

- Gain new tools, language and systemic practices to take into your work immediately
- Clarify your own developmental edge as a coach, leader or facilitator
- Expand your impact from individual or team work to whole-system transformation
- Build confidence in navigating tensions, uncertainty and emergence
- Join a peer community of advanced practitioners committed to regenerative change
- Leave with a practical, real-world design for a team of teams intervention in your own context
- Experience the energy, challenge and support of being part of a team of teams yourself

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Program Structure

INTRODUCTORY WEBINAR

2 Feb 2026

09:00 - 11:00 PT

(Half day - virtual)

Designed to introduce key ideas, meet fellow participants, and begin sensing into their own context and learning edge. This session sets the tone for the programme and supports you in arriving with intention.



IN-PERSON TRAINING

11 - 13 February 2026

09:00 - 17:30 PT

(In-person - 3 days)

The three-day face-to-face programme then offers a rich, immersive experience where you will engage in live practice, real-world application, deep reflection, and collective experimentation – working as a team of teams to explore and embody systemic transformation in action.

Price information

The Systemic Team of Teams Training **early-bird discounted price** is valid for the first 15 applicants only. The program fee includes training, materials, plus lunch and refreshments during the 3 day in-person training.

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11-13 Feb 2026

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Price
GBP £900
CAD €1,683

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Virtual Group Supervision and Action Learning

In Team of Teams Coaching, we work with interconnected teams, shifting from individual or single-team coaching to a multi-team, systemic approach. This requires advanced coaching, consulting, and organizational transformation skills. Team of Teams Supervision is designed to help you develop your capacity to think and act systemically while addressing real-world team and team of teams coaching challenges in a collaborative, reflective space.

This is an optional extra for those wanting support in a group supervision format to support the embedding of your learning and to receive guidance and support as you develop your systemic team of teams coaching practice with a qualified Systemic Team Coaching® supervisor alongside peers.

Learning Outcomes:

- ✓ Deepen your systemic perspective, applying advanced Systemic Team Coaching® (STC) insights to interconnected teams.
- ✓ Expand your team coaching practice to include team of teams work.
- ✓ Enhance reflective practice using Seven-Eyed Supervision and CLEAR models to gain new awareness.
- ✓ Navigate complex coaching dynamics and multi-team interactions.
- ✓ Experiment with advanced techniques, learning from deep individual and collective reflection, parallel process and rehearsals.
- ✓ Sharpen your ability to supervise and lead teams of coaches working across organizational boundaries.

Approach & Process:

- ✓ Present live coaching cases and inquiry topics and themes for supervision.
- ✓ Use systemic methods to explore complexity and generate actionable insights.
- ✓ Engage in deep listening, visual mapping, and reflective inquiry.
- ✓ Identify leverage points for systemic transformation within and across teams.
- ✓ Apply team-of-teams coaching principles to your practice. ##

Format:

- ◆ Group Size: 6–8 participants.
- ◆ Facilitator: Senior Systemic Team Coaching® Supervisor.
- ◆ Sessions: Monthly for 6 months (2-hour sessions, 12 hours total).
- ◆ Methodologies: Seven-Eyed Supervision, CLEAR model, Ecosystem Mapping, and real-time case explorations.
- ◆ Live Cases: Participants present and engage in peer-supported systemic reflection.

Group Schedule

Group 1 - Dr. Catherine Carr

Mar 13, Apr 17, May 15, Jun 19, Sept 11, Oct 16
(all 8:30–10:30 PT)

Group 2 - Dr. Catherine Carr

Mar 13, Apr 17, May 15, Jun 19, Sept 11, Oct 16
(all 11:00–13:00 PT)

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FACULTY



Dr Catherine Carr

Master Corporate Executive Coach and Systemic Team Coach

Catherine is a Master Corporate Executive Coach and Systemic Team Coach with a psychotherapy and supervision background. She is a Professional Certified Coach (PCC) with the International Coach Federation (ICF) and has studied and worked with Peter for over 12 years (he was her doctorate supervisor and mentor and is still her supervisor and colleague).

She is the North American Lead for Resilience@Work, a Master Trainer for Conflict Dynamics, a certified Marshall Goldsmith Coach, a Leadership Circle Coach and is core faculty and the Head of Practicum with the Global Team Coaching Institute.

Catherine has been coaching leaders and leadership teams for over 20 years. She has extensive experience in the public and not for profit sector. Notably, Catherine helped launch a 26,000-employee public sector team coaching program. She is currently designing and supervising in house Systemic Team Coaching® programs and training. Catherine enjoys working with leaders, teams and organizations that seek wellbeing, greater purpose and performance. Catherine has co-authored numerous publications including two based on her doctorate research on team coaching – 50 Tips for Terrific Teams! and High-Performance Team Coaching. She recently co-wrote a 2019 review of new team coaching research in the Handbook of Team Coaching.

Catherine lives in beautiful Victoria, British Columbia. She is grateful to do work that supports people to be well, live well and to meaningfully contribute to our world. Over the past five years Catherine has coached for Ted Talks and offered pro-bono work for environmental and health care leaders and teams.

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24-26 Sep 2025

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Michelle Chambers

Executive Coach and Systemic Team Coach

Michelle has been working with teams for over 30 years, both as a consultant/coach and as a leader. She trained in Team Coaching International's team coaching program (systemic) back in 2010 with Phil Sandahl and then became a senior faculty member training team coaches globally in 2013 and onwards.

Michelle then pursued the Systemic Team Coaching® Certificate in April 2019 where she met with Catherine and Peter as it aligned with their systemic thinking as an OD practitioner and she appreciated Peter's writing and publications in "Leadership Team Coaching". Michelle was invited to be part of the Senior Practitioner in Team Coaching Program as faculty in 2023 and also fulfilled the requirements as a participant. She also had the honour of facilitating the Systemic Team Coaching® program as a lead in 2024-25.

She successfully completed the Certified Team Coaching Supervisor program with Peter in June 2022. Peter introduced her to Naysan and they had a wonderful conversation discussing their coaching journeys and backgrounds and team coaching in July of 2025. Michelle has also published writings on Systemic Team Coaching® in "The Team Coaching Casebook" and many articles (including one co-authored with Dr. Catherine Carr) for Choice Coaching Magazine and others.

Michelle has also spoken several times on the Team Coaching Zone with Kirster Lowe. She loves the complexity and the positive collective impact that can be achieved when systemic team coaches co-create with their clients a more positive culture in which they can achieve organizational goals for their partners or stakeholders, both in the present and in the future.

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